

AESTHETICS
CLINIC

LONGEVITY PROGRAM Gstaad Edition



With a focus on cutting-edge treatments and personalized care, Aesthetics Clinic Gstaad provides a holistic approach to enhance both physical well-being and aesthetic appearance.

Aesthetics Clinic Gstaad, under the guidance of Dr. Xavier Tenorio, offers a range of innovative treatments and services focused on longevity, reconstructive and plastic surgery as well as aesthetic medicine.

As a plastic surgeon, Dr. Tenorio has undergone extensive training and education in various plastic surgery procedures. He specializes in both reconstructive and cosmetic surgeries, helping patients enhance their appearance and improve their self-confidence. Whether it's breast augmentation, rhinoplasty, facelifts, or body contouring procedures, Dr. Tenorio utilizes his surgical skills and artistic eye to deliver natural-looking and satisfying results.



Dr. Tenorio

Expertise extends beyond surgical procedures and stem cell therapy. He is also highly knowledgeable in aesthetic medicine, offering non-surgical treatments to enhance and rejuvenate the skin. From injectables like botulinum toxin and dermal fillers to laser treatments and chemical peels, he provides patients with a wide range of options to address their aesthetic concerns and achieve a more youthful appearance.

Stem cell harvesting and banking

Have the remarkable ability to regenerate and repair damaged tissues, making them a valuable resource for future medical treatments. Dr. Tenorio and his team carefully extract and preserve these cells, allowing patients to potentially benefit from their regenerative properties in the future.

Genetic testing

For cancer and inherited diseases. By analyzing an individual's genetic makeup, we can identify potential risks and develop personalized prevention strategies. This proactive approach empowers patients to take control of their health and make informed decisions to mitigate potential risks.

Botulinum Toxin

Can not only prevent wrinkles but treat excessive sweating, relieve migraines and muscle spasms as well as correct gummy smile.

Fillers

In addition can provide non-surgical face lift, fill in hollow areas and scar, contour and enhance facial features, restore volume, plump up the lips and smooth wrinkles and fine lines.

PRP therapy (Platelet-rich-plasma)

A treatment that utilizes the patient's own blood to stimulate collagen production and rejuvenate the skin. This non-surgical procedure is effective in reducing wrinkles, improving skin texture, and promoting a youthful appearance.

IV drips, detox and revitalization

Deliver a potent blend of vitamins, minerals, and antioxidants directly into the bloodstream. These IV drips are tailored to address specific health concerns, such as fatigue, immune system support, or detoxification. By bypassing the digestive system, the nutrients are efficiently absorbed, resulting in a more immediate and noticeable impact on overall vitality.

Visia skin analysis

A state-of-the-art technology that provides a comprehensive assessment of the skin's condition. By analyzing various parameters such as wrinkles, pores, and pigmentation, we can develop personalized treatment plans to address specific skin concerns. This data-driven approach ensures that patients receive tailored treatments that yield optimal results.

OligoCheck

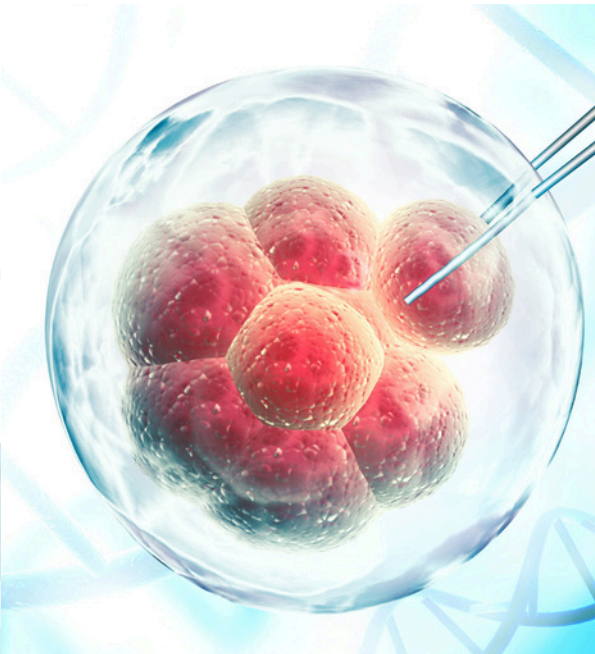
A fast, non-invasive test that analyzes mineral, vitamin, and heavy metal levels through your skin using spectrophotometry. Ideal for identifying deficiencies, toxicities, and optimizing personalized treatments.



Stem cells harvesting and banking

Dr. Xavier Tenorio, a Swiss-certified plastic surgeon, is performing stem cell harvesting at his private surgical facilities, offering his patients the opportunity to access the potential benefits of stem cell therapy. Stem cells have the unique ability to develop into different types of cells in the body, making them valuable for regenerative medicine treatments. By harvesting stem cells, Dr. Xavier Tenorio can provide personalized medicine tailored to the individual's specific needs.

The benefits of stem cell harvesting and therapy include the potential for future medical treatments. Stem cells can be used to treat various conditions, including cancers, blood disorders, autoimmune diseases, and degenerative diseases. By banking their own stem cells, patients have a readily available source that may be a perfect match for their own body, reducing the risk of rejection or complications associated with using cells from a donor.



Stem cell banking also provides a form of insurance against future diseases or conditions. By preserving stem cells at a young and healthy age, individuals can potentially access these cells later in life if needed for treatment. This can be particularly beneficial for conditions that may have a higher likelihood of occurring as a person ages.

Each patient's case is unique, we can provide personalized guidance based on your medical history and condition.



Gene testing



The Gene test covers a wide range of genetic factors, including pharmacogenetics (how an individual's genes affect their response to medications), carrier status for inherited diseases, and predisposition to common complex diseases such as cardiovascular disorders, cancer, and neurological conditions, nutrition as well as sports performance.

We utilize advanced genetic sequencing technologies and bioinformatics algorithms to accurately interpret the genetic data and provide personalized reports. These reports include detailed information about an

individual's genetic risk factors, potential medication interactions, and recommendations for preventive measures or lifestyle modifications based on the identified genetic variations.

The Gene test is designed to empower individuals with valuable genetic insights, enabling them to make informed decisions about their health, medication choices, and lifestyle. By understanding their genetic predispositions, individuals can take proactive steps to prevent or manage potential health risks, optimize medication efficacy, and improve overall well-being.



Reconstructive and plastic surgery



At Aesthetics Clinic, Dr. Tenorio performs various reconstructive surgeries to address functional impairments or correct deformities caused by accidents, injuries, or congenital conditions. These procedures may include reconstructive breast surgery after mastectomy, facial reconstruction following trauma, or body contouring surgery to restore form and function.

In addition to reconstructive surgeries, Dr. Tenorio specializes in aesthetic plastic surgeries that focus on enhancing the appearance of different body parts. These procedures may involve breast augmentation or reduction, tummy tucks, liposuction, facelifts, rhinoplasty, or eyelid surgery, among others. Dr. Tenorio works closely with each patient to understand their unique goals and expectations, tailoring the surgical plan to achieve natural-looking and harmonious results.

Dr. Tenorio's recently surgical facilities at Aesthetics Clinic are equipped with state-of-the-art technology and adhere to the highest standards of safety and hygiene. The clinic provides a comfortable and welcoming environment for patients, ensuring their privacy and well-being throughout the surgical process.

With his expertise, attention to detail, and commitment to patient satisfaction, Dr. Xavier Tenorio and his team at Aesthetics Clinic strive to deliver exceptional results and help individuals achieve their desired aesthetic outcomes.





Beautifying injections



Botulinum Toxin and Fillers injections are popular cosmetic procedures that offer several benefits.

Here are some of the key benefits:

Reduces wrinkles and fine lines: Botox injections can effectively reduce the appearance of wrinkles and fine lines on the face, particularly in areas such as the forehead, crow's feet, and frown lines. Fillers, on the other hand, can plump up the skin and fill in deep lines and creases, giving a smoother and more youthful appearance.

Non-surgical and minimally invasive: Botox and fillers injections are non-surgical procedures that can be performed in a short amount of time, usually in a doctor's office. They do not require any incisions or general anesthesia, making them less risky and more convenient compared to surgical alternatives.

Quick results: The effects of Botox injections can be seen within a few days, while fillers provide immediate results. This means that patients can enjoy a more youthful and rejuvenated appearance without having to wait for a long recovery period.

Temporary and reversible: Both Botox and fillers are temporary treatments, which means that their effects will gradually wear off over time. This can be seen as a benefit for those who want to try out the treatments without committing to permanent changes.

Additionally, if a patient is not satisfied with the results, they can be reversed or adjusted by a medical professional.

Versatility: Botox and fillers can be used to address a wide range of cosmetic concerns. Botox is commonly used to treat wrinkles, but it can also be used to reduce excessive sweating, migraines, and muscle spasms. Fillers, on the other hand, can be used to add volume to the lips, cheeks, and temples, as well as to fill in hollow areas and scars.

Boosts self-confidence: One of the main benefits of Botox and fillers injections is the boost in self-confidence that comes with looking and feeling younger. By reducing the signs of aging and enhancing facial features, these treatments can help individuals feel more comfortable and satisfied with their appearance.

It is important to note that Botox and fillers injections should be performed by a qualified and experienced medical professional to ensure safety and optimal results.

Skin prevention

PRP (Platelet-Rich Plasma) this therapy offers several benefits for the skin and hair, including:

Hair regrowth: PRP injections can stimulate hair follicles and promote hair regrowth in individuals with hair loss or thinning. The growth factors in PRP help nourish the hair follicles, improve blood circulation, and increase the thickness and density of the hair.

Improved skin texture and tone: PRP therapy can enhance the overall texture and tone of the skin. The growth factors in PRP stimulate collagen production, which helps improve skin elasticity, reduce fine lines and wrinkles, and enhance the skin's overall appearance.

Reduced acne scars: PRP therapy can be used to treat acne scars by promoting tissue regeneration and collagen production. It helps improve the texture and appearance of acne scars, making them less noticeable.

Skin rejuvenation: PRP therapy can rejuvenate the skin by improving its overall health and vitality. It can help reduce the signs of aging, such as fine lines, wrinkles, and sagging skin, and restore a more youthful and radiant complexion.

Reduced pigmentation issues: PRP therapy can help reduce hyperpigmentation and uneven skin tone. The growth factors in PRP can help regulate melanin production and improve the appearance of dark spots, sun damage, and melasma.

Non-surgical facial rejuvenation: PRP therapy offers a non-surgical alternative to traditional facelift procedures. It can help improve skin tightness and firmness, reduce the appearance of wrinkles, and restore a more youthful facial contour.

Natural and safe treatment option: PRP therapy utilizes the patient's own blood, making it a safe and natural treatment option for skin and hair concerns. It reduces the risk of allergic reactions or adverse side effects.

Minimal downtime: PRP injections for skin and hair typically have minimal downtime, allowing patients to resume their daily activities shortly after the procedure. This makes it a convenient treatment option for individuals with busy schedules.

Overall, PRP therapy offers several benefits for skin and hair, providing natural and effective solutions for various cosmetic concerns. It can help improve hair growth, rejuvenate the skin, and enhance overall appearance without the need for invasive procedure





IV Drips

also known as intravenous drips, are a method of delivering fluids, medications, and nutrients directly into the bloodstream through a vein. The specific contents and dosages of IV drips should be determined based on individual needs and medical advice.

Hangover Cure: A combination of fluids, electrolytes, and vitamins can help alleviate the symptoms of a hangover by rehydrating the body and replenishing essential nutrients.

The Blue Anti-Fog: sharpen your mind. Reset your focus. IV combines NAD⁺ with methylene blue to enhance cognitive clarity, reduce mental fatigue, and support mitochondrial performance — ideal during jet lag, altitude shifts, or high-performance demands.

Hydration: A combination of fluids, electrolytes, vitamins and minerals are used especially in cases of severe dehydration or when oral intake is not possible.

NAD⁺ IV Therapy

A powerful cellular infusion that supports mitochondrial health, boosts energy, enhances cognitive clarity, and slows down biological aging. Ideal for fatigue, stress recovery, and performance optimization.

Immune Booster: Containing high doses of vitamin C and other immune-boosting nutrients can help strengthen the immune system and provide vitality.

Post-Surgery Recovery: Aid in the recovery process by providing necessary fluids, nutrients, and medications to promote healing and reduce inflammation.

The Myers Cocktail:

is a time-tested blend of essential vitamins and minerals designed to restore energy, support the immune system, and aid recovery from fatigue, travel, or stress.

DETOX:

A potent antioxidant blend to support liver detox and cellular renewal.

Hair Revitalization: A combination of vitamins and minerals can help improve hair health and promote hair growth.





Visia skin analysis

Visia skin analysis provides a detailed evaluation of the skin's condition, including texture, wrinkles, pores, pigmentation, redness, and UV damage.

Here's an explanation of how Visia skin analysis works:

Imaging: The Visia system captures high-resolution digital images of the face using specialized cameras. These images are taken under controlled lighting conditions to ensure accurate and consistent results.

Analysis: The captured images are then analyzed using advanced software algorithms. The software identifies and analyzes different skin features and concerns, such as wrinkles, spots, pores, and uneven skin tone.

Comparison:

The Visia system compares the individual's skin condition to a database of thousands of other individuals of the same age and skin type. This allows for a more accurate assessment of the person's skin health and potential areas of improvement.

Reports:

Based on the analysis, the Visia system generates detailed reports that provide a comprehensive overview of the individual's skin condition. These reports may include numerical scores, visual representations, and recommendations for treatment or skincare products.

Tracking progress:

Visia skin analysis can be used as a baseline assessment to track the effectiveness of skincare treatments or interventions over time. By comparing subsequent Visia analyses, individuals can monitor improvements in their skin's health and make informed decisions about their skincare routine.





AESTHETICS CLINIC GSTAAD

AESTHETIC MEDICINE

Botox full face	950
Baby botox	590
Botox bruxism	790
Botox gummy smile	690
Botox hands, armpits	1800
Hyaluronic acid 1 syringe	950
HarmonyCa 1 syringe	950
Liquid rhinoplasty with hyaluronic acid	3000
Dark circles correction with hyaluronic acid	2000
Soft lift	8000
Thread lift	Up on request
Profilo face 1 syringe	950
Profilo body per area two session	1800
PRP 1 area (hair, face, neck, decollete, hands)	800
Skin booster	950
Radio frequency per area (face, tummy, thighs, arms)	500
Fotona Laser per area (vascular, acne, collagen production)	500
Hifu face	2000
Hifu body	3500
Peeling for fine lines and radiance	450
Peeling for dark spots and uneven complexion	450
EMS	500
Exosomes	850



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AESTHETIC MEDICINE

IV DRIPS

Hydratation	500
Hangover cure	530
Immune booster	530
Detox	600
Post surgery	600
Hair revitalisation	530
NAD+	700
The Myers Cocktail	900
The Blue Anti-Fog	900
Intramuscular vitamin injections	400

LIFE STYLE MEDICINE

Complete blood and urinary screening (heavy metals, hormonal status, vitamins, minerals)	2200
Nutrigenetics basic saliva test	4300
Nutrigenetics extended saliva test	5000
Stem cells therapy	20000



SUMMER LONGEVITY MENU

SINGLE IV INFUSIONS

1. ANTI-FATIGUE

Recharge and revitalize with a targeted infusion designed to fight chronic exhaustion and cellular fatigue.

Ingredients: B-Complex Vitamins, Amino Acids, NAD+ 250mg, Glutathione

Duration: 60–90 min Price: CHF 850

2. DETOX+

A potent antioxidant blend to support liver detox and cellular renewal.

Ingredients: NAD+ 500mg, Glutathione

Duration: 60–90 min Price: CHF 850

3. BOOST EXPRESS

Ideal for those on the go. A fast-acting pick-me-up to restore clarity and stamina.

Ingredients: NAD+ 125mg, Glutathione

Duration: 30–45 min Price: CHF 450

4. FAT BURNER

Formulated to enhance metabolism and target stubborn fat zones.

Ingredients: L-Taurine, L-Carnitine, NAD+ 125mg, Glutathione

Duration: 60–90 min Price: CHF 850

5. IMMUNE BOOST+

Strengthen your immune system and reduce oxidative stress — perfect pre-travel or post-illness.

Ingredients: B-Complex Vitamins, Vitamin C, NAD+ 250mg, Glutathione

Duration: 60–90 min Price: CHF 900

6. BLUE ANTI-FOG

For mental clarity and cognitive performance — ideal during jet lag or high-altitude stays.

Ingredients: NAD+ 250mg, Methylene Blue (0.5–1 mg/kg)

Duration: 60–90 min Price: CHF 900

7. MYERS COCKTAIL

A timeless classic for post-effort recovery and immune support.

Ingredients: B-Complex Vitamins, Vitamin C, Magnesium, Calcium, Zinc, Glutathione

Duration: 60–90 min Price: CHF 900



IV THERAPY PROGRAMMES

NAD+ PROGRAMME

Deep mitochondrial reset and anti-aging boost.

Includes: 5 sessions of NAD+ 250mg (1–2/week)

Price: CHF 2800

LIFESTYLE DETOX PROGRAMME

Intensive cellular detoxification.

Includes: 5 sessions of NAD+ 500mg & Glutathione

Price: CHF 3400

FAT BURNER PROGRAMME

Fat reduction support with medical supervision.

Includes: 5 sessions (L-Carnitine, L-Taurine, NAD+ 125mg, Glutathione)

Nutritional medical follow-up

Price: CHF 3400

IMMUNE BOOST PROGRAMME

Immune resilience at cellular level.

Includes: 3 sessions (B-Complex, Vitamin C, Glutathione, Myers Cocktail, NAD+ 250mg)

Price: CHF 3000

SKIN BRIGHTENING & HAIR BEAUTY PROGRAMME

Restore glow and strength from within.

Includes: 5 sessions (B-Complex, Vitamin C, Glutathione, Zinc)

VISIA Skin Analysis

Price: CHF 3400

REGENERATIVE TREATMENTS

PRP – FACE or HAIR

Platelet-rich plasma therapy to stimulate collagen production, tissue repair, and hair growth.

1 session: CHF 800 3 sessions: CHF 2000

EXOSOMES – FACE or HAIR

Cell-signaling power to improve skin vascularity, texture, and scalp regeneration.

1 session: CHF 850 3 sessions: CHF 2100

POLYNUCLEOTIDES – FACE or HAIR

Advanced skin hydration and collagen stimulation through DNA-derived molecules.

1 session: CHF 850 3 sessions: CHF 2100

