

## NEW FOR WINTER 2020:

### HARNESS THE POWER OF HERBS NEW BESPOKE ALCHEMY BAR AT THE SIX SENSES SPA



**Harness the real (super) power of herbs and plants in this new wellbeing workshop and day experience, creating bespoke cosmetics using fresh, seasonal and organic ingredients.**

New for the 2020 Winter Season is an exclusive Six Senses Alchemy Bar Workshop and Day experience that centres around nature; incorporating powerful local herbs and plants; indigenous to the Swiss countryside.

Available throughout the winter season, this 60 minute hands-on workshop enables spa guests to create personalised products. Choosing from over 100 natural and exotic ingredients, such as fruits, herbs - many of which have been sourced from the hotel's organic garden, salt and olive oil; alchemists can blend them to create aromatic scrubs, bath bombs, masks and other natural cosmetics.



For those looking for a deeper more sensorial experience, The Six Senses Spa offers an Alchemy wellbeing day programme which includes the 60 minute workshop complemented by a 60 minute hydrating Swiss milk wrap using the handmade scrub, a 60 minute relaxing foot treatment and a 90 minute ultimate facial.

Prices start at CHF 195 (£152) for the 1 hour workshop and the full day experience costs CHF 787 (£617).

For further information on the Six Senses Spa at The Alpina Gstaad's signature wellness programmes and retreats offering, please click [here](#).

For more information visit [www.thealpinagstaad.ch](http://www.thealpinagstaad.ch)

#### **Notes to Editors:**

**About The Alpina Gstaad:** Featuring 56 rooms and suites, the hotel nestles in 20 hectares of park grounds just above the charming centre of Gstaad village. Opened in December 2012, it is already the recipient of numerous awards, including the GALA SPA AWARD in the category "Best Luxury Hotel City/Resort"; the "Best Ski Spa de Luxe above 1000 metres" award from Handelszeitung magazine; the Prix Bienvenu; and the TripAdvisor Travellers' Choice Award 2018 (number one in the category 'Luxury Hotel' in their Top 25 Luxury Hotels award category). The establishment regularly appears in lists of best hotels published by renowned magazines, such as SonntagsZeitung, Travel + Leisure (best 100 hotels worldwide), and the Condé Nast Gold List. Most recently, The Alpina Gstaad has been ranked for the second year in a row, #1 in the new hotel rating published by Switzerland's NZZ, won the Preferred Hotels & Resorts' 'Hotel of the Year: Europe' 2019, Forbes Travel "Worlds Best



Hotel Bar Awards 2019” and was awarded one of 41 hotels across 17 countries with the “World’s Best Rooms 2019” as well as a five star rating by Forbes Travel.

The hotel is justifiably proud of its Six Senses Spa with Himalayan Salt Grotto, Hammam steam room and indoor and outdoor pools, as well as of the Sommet restaurant (18 GaultMillau points, 1 Michelin star), Swiss Stübli restaurant, and MEGU Japanese gourmet restaurant (16 GaultMillau points, 1 Michelin star) – the latter is the first iteration of this famous concept in western Europe. The Alpina Gstaad is a member of the Preferred Hotels & Resorts Legend collection, the exclusive Virtuoso travel network, and Swiss Deluxe Hotels. The hotel is also a member of the NOW Force for Good Alliance and certified Silver by EarthCheck. The 2019/ 2020 winter season lasts from 6 December 2019 until 15 March 2020.

### **MEDIA ENQUIRIES**

For more information, images or to discuss a feature idea or press trip, please contact:

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