



Six Senses Spa at The Alpina, Gstaad wins International Luxury Spa Award

26 March 2014 – The [Six Senses Spa](#) at [The Alpina Gstaad](#) has won 'Best Spa at a Luxury Hotel/Resort' at the GALA SPA AWARDS 2014. The Awards, now in their 18th year, are hosted by Gala magazine. The ceremony took place this year on 15 March at [Brenners Park Hotel & Spa](#), Baden Baden.

The Gala Spa Awards aim to set a new standard of quality with their motto, 'The purest experience' in recognition of the growth of ground-breaking Spa developments in today's crowded wellness and beauty market. Submissions were received from 31 countries around the world.

Awards in this competitive market are given to care products and hotels, or other locations, that meet the promise 'sanus per aquam' (healthy through water) and excite visitors with effective, innovative services. "Age-old Holistic Spa concepts translate our bond with water into applications that, in the best case, leave us with a sense of purity and authenticity. This absolute harmony between body, mind and soul is the purest experience."

Located in the unspoilt area of the Bernese Oberland, Switzerland, the Six Senses Spa at The Alpina Gstaad is a luxurious sanctuary with an extensive menu of world-renowned treatments by specialist practitioners. The Spa, with its peaceful ambience, stylish indoor and outdoor garden swimming pool, also offers guests outdoor exercise classes in the purest of Alpine air.

Gala Magazine confirmed the Six Senses Spa award with the statement, "Although the five-star boutique Alpina Gstaad opened at the end of 2012, it feels as if it has always been there accommodating discerning guests at all levels. This may be due to the artful use of antique woods and regional crafts. The 'Six Senses Spa' combines a holistic range of therapies from East and West with an alpine touch. The team includes, among others, a healer and an expert on Tibetan and Tuina treatments. Gourmet diners love [Restaurant Sommet](#), which has recently been awarded a Michelin Star."

In addition to the extensive Spa Treatment Menu for Residential and Day Guests, the Six Senses Spa has introduced summer Mountain Detox Programmes to increase energy, vitality and recalibrate the mind and body from 6 June to 25 September 2014. The three programmes



THE ALPINA
GSTAAD

range from the purely nutritional and cleansing Mountain Detox Delight to a Mountain Detox MediCheck with Heart Rate Variability analysis and blood test.

For more information please visit thealpinagstaad.ch

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About The Alpina Gstaad

The Alpina Gstaad opened on 2 December 2012, the first newly built five star hotel in Gstaad in 100 years. Located in an exclusive hill top area in Oberbort, includes a hotel, 14 private apartments and 2 private chalets. The Alpina Gstaad hotel offers 56 rooms and suites with magnificent views of the Bernese Alps and the Saanenland, and will establish a new level of distinction offering a modern yet distinctive Swiss alpine guest experience which is warm, authentic, discerning and beyond the expected. The Alpina Gstaad has been awarded a Five Star Superior Hotel rating by Hotellerie Suisse and is a member of the Preferred Hotel Group and Virtuoso's Preview programme.

About Six Senses Resorts & Spa

Six Senses Resorts & Spas has earned a global following, providing award-winning guest experiences in some of the world's most beautiful locations. With properties under management in Asia, the Middle East, the Americas and Europe, the name Six Senses is synonymous with a unique style of luxury – authentic, relaxed and in tune with the surrounding environment. Each spa has been designed to reflect the ability to adapt seamlessly to host cultures in surroundings which evoke relaxation and rejuvenation. Six Senses Spas offer a wide range of holistic ace and body therapies and beauty treatments administered under the guidance of expert therapists. Spa products are made only from natural ingredients in harmony with the environment. Six Senses manages 10 resorts and 28 spas in 20 countries around the world, with another 15 under construction or development, including China and Vietnam. For a full list of Six Senses Spas, please visit <http://www.sixsenses.com/six-senses-spas/>

For hotel reservations, enquiries and bookings, please contact us at:

Tel: +41 33 888 9888

Fax: +41 33 888 98 89

Toll free number: 00 800 9889 9889

Emails: info@thealpinagstaad.ch and reservations@thealpinagstaad.ch

For media enquiries please contact PRCo: Anna Dickinson (adickinson@prco.com),
Katherine Black (kblack@prco.com), Grace McCahery (gmccahery@prco.com) and Katerina
Panayotopoulos (kpanayotopoulos@prco.com).
Tel: 0207 259 1100.